



WEEK 2

FIND THE RIGHT GUIDE

HAPPY START

We can only go so far on our own. If we really want to take a skill to the next level, we often need help from the right person—an experienced guide who can show us the ropes and take us where we want to go.

None of us has fully arrived in life. We all have places we want to grow and transformation we want to experience. But there is only so far we can go without help. If we want to go deep, we need the right guide—someone who can take us where we could never get to on our own.

- 🎯 If you could take one lesson from a famous expert (like a MasterClass from a chef, writer, sports figure, or director), who would you want to learn from, and what would you want them to teach you?
- 🎯 Has there been a mentor, teacher, or instructor who has been particularly impactful in your life? Share with the group.
- 🎯 Did anyone make a SMART goal from last week's Happy Step? Share your goals with each other.

HAPPY NOTES

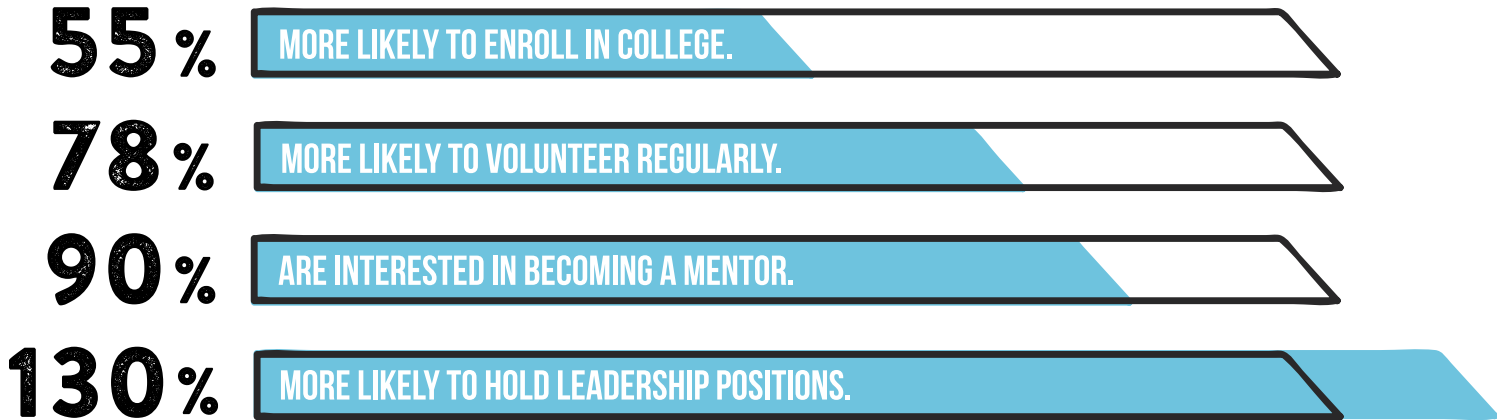


Watch this week's video now. Use the space below to take notes. (Or doodle—whatever works best for you!)

HAPPY FACT



Having the right guide can make all the difference in the world. For example, a recent study examined the impact of a mentor on at-risk youth. Young adults who were in danger of falling off track but had a mentor are:²



2. <https://www.mentoring.org/why-mentoring/mentoring-impact/#1442856309069-add22431-aa80>

HAPPY CHAT



READ GALATIANS 2:20 AND PHILIPPIANS 1:9-11.

- ☺ The Apostle Paul describes how when we trust in Jesus we are “in Christ.” What does that mean? How do these passages describe the “in Christ” life?
- ☺ Jeff said that the happy-place kind of life is an “in Christ” kind of life. What is it about this type of life that leads to true happiness and fulfillment?
- ☺ How would you describe the status of your spiritual relationship with God right now? Are you invigorated, confused, skeptical, hurting, searching, hesitant, or something else?
- ☺ Would you describe your life as “in Christ”? How would you know if you’re living a life powered by God versus one where you gut it out on your own?
- ☺ Do other people in your life (from work, school, your neighborhood, your family) see Christ in you? Would they know He is your guide? Where might things get the fuzziest?
- ☺ Is there anything holding you back from going deeper with God? What is it and why?
- ☺ Reread the Philippians passage. Paul talks about having more love, gaining deeper insights into God’s truth, discerning God’s wisdom, and living a changed life based on Jesus’ grace. Which of those areas (i.e., love, knowledge, wisdom, or living pure) do you think you have the most room to grow? Share with the group.
- ☺ What is one concrete way you want to go deeper with God this season? Get specific.
- ☺ Did any of last week’s devotions stand out to you? How did God show up through that time?

Close by praying and asking God to help you go deeper with Him, both individually and together as a group. Also, encourage each other to do the Happy Step (found on the next page) and the daily devotions throughout the week.

HAPPY STEP



SPIRITUAL LIFE ASSESSMENT

Take a few moments to answer the questions below, categorized by what it means to be “all in” at Chase Oaks (i.e., worshipping, belonging, serving, giving, and inviting). These areas represent ways God calls us to be active in our spiritual life and relationship with Him. Please note: This is not intended to be a guilt trip. We all have room to grow. But hopefully, this will help you think concretely about where you are and how you can move forward. Answer honestly—you won’t be forced to share your responses unless you decide to do so.

Rate yourself for each statement using a scale from 0-5 with zero meaning the statement does not match you and five meaning it strongly represents you. Add up the total numbers for each category.

WORSHIPPING

I have a deep desire to be in God’s presence and spend time with Him.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I regularly meditate on God’s Word and allow it to guide me.

0 \ 1 \ 2 \ 3 \ 4 \ 5

Pleasing God is my life’s highest priority.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I make it a priority to come to church and worship God each week.

0 \ 1 \ 2 \ 3 \ 4 \ 5

TOTAL: _____

BELONGING

I have deep and meaningful connections with others in church.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I am genuinely open and authentic about who I am with others.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I have an easy time allowing someone who knows me well to speak truth to me.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I regularly gather with a small group of Christ-followers to intentionally grow.

0 \ 1 \ 2 \ 3 \ 4 \ 5

TOTAL: _____

SERVING

I often think about how to use my time to make an impact and serve God.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I can specifically describe how God has uniquely gifted me.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I jump at new opportunities to make a difference.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I am currently serving God with the gifts and passions He gave me.

0 \ 1 \ 2 \ 3 \ 4 \ 5

TOTAL: _____

GIVING

I enjoy meeting the needs of others without expecting anything in return.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I have a plan in place to make financial giving a priority.

0 \ 1 \ 2 \ 3 \ 4 \ 5

Those closest to me would say my life is about giving more than receiving.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I see all my money as God's and care deeply about being a good steward.

0 \ 1 \ 2 \ 3 \ 4 \ 5

TOTAL: _____

INVITING

I find that my relationship with Jesus regularly comes up in my interactions with those who don't know Him.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I regularly pray for those who don't know Jesus.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I intentionally make friendships with those who are far from God and invite them to church.

0 \ 1 \ 2 \ 3 \ 4 \ 5

I am confident in my ability to share my faith.

0 \ 1 \ 2 \ 3 \ 4 \ 5

TOTAL: _____

REFLECTION

What one or two areas do you have room to grow?

What would it look like to take a concrete step to move forward?
Is there anything you need to investigate more?

HAPPY DAYS



DAY 1

READ MATTHEW 11:28

Come to me, all you who are weary and burdened, and I will give you rest.

REFLECT

How are you feeling worried and burdened today? Jesus is here to give you rest.

DAY 2

READ JOHN 8:12

I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.

REFLECT

Jesus is our light in a broken world. He's here to help you navigate through dark situations.

DAY 3

READ JOHN 10:11

I am the good shepherd. The good shepherd lays down his life for the sheep.

REFLECT

Are you letting Jesus shepherd your day today? Ask Him to guide you where you need to go.

DAY 4

READ JOHN 14:6

*I am the way and the truth and the life.
No one comes to the Father except
through me.*

REFLECT

Even during uncertainty and struggle, we can live knowing Jesus is the truth and has made a way for us to know God.

DAY 5

READ JOHN 16:33

*I have told you these things, so
that in me you may have peace.
In this world you will have trouble.
But take heart! I have overcome
the world.*

REFLECT

It is a guarantee: We will face troubles in this world. But take heart today! Jesus has overcome anything the world can throw at us.

REFLECTIONS:
