

## START UP

- Since sex can be an awkward topic to talk about, we thought we'd start with something fun and light-hearted—an activity where we'll talk about what things (like skydiving or horror movies) stress us out a lot or not at all. Let's do an activity called "[Comfort Zones](#)."
- In your opinion, how has the view of sex and sexuality changed in our culture over the course of your lifetime?
- In his message, Jeff said our culture today has a very casual view of sex. Would you agree with his description? In what ways does our culture treat it that way?

Read **1 Corinthians 6:12-20** together.

- From what you see in this passage, what do you think the Corinthian culture was like? What questions were early Christians asking, and how do their questions relate to questions we may have today?
- Imagine two consenting adults ask Paul why it is a big deal if they choose to have sex before they make the marriage commitment. What do you think his response would be?
- Politicians, preachers, and protesters like to talk about the Biblical view of sex. But do we all mean the same thing? How would you describe God's design for sex?
- How did you or will you explain to your kids why God designed sex to be part of a happy and healthy marriage? How did that go?
- Break up into separate groups of men and women (if you have a mixed group).

[illegible]

## MEN'S DISCUSSION QUESTIONS

- ## NOTES

[illegible]

**LIVE BIG**

Pray together that God would help you honor Him with your bodies.