

HOW TO HIT A CURVEBALL

GROUP GUIDE

WHEN LIFE SEEMS OUT OF CONTROL

DISCUSS TOGETHER

- What is a plan you had in place pre-Coronavirus that is now completely outdated or ruined altogether?
- On a scale of 1-10, how much of a “control freak” are you and why?
- No one likes to be out of control, but we all respond differently. When you feel like life is throwing you a bunch of curveballs that ruin your plans, how do you tend to respond?
- As Jeff talked about Joseph’s story, what impressed or stood out to you about Joseph’s responses to all of the curveballs thrown his way?
- Read **Genesis 50:19-21**. How did Joseph come to understand all that he went through? How did he see God at work?
- As you look back over your life, is there a place where you now see God was at work that you didn’t realize at the time? Share with the group.
- Jeff shared that we need to take responsibility for the things we can control and trust God for the rest. What are some things you can take responsibility for this week? What is in your control? What are some ways you can take positive steps, even in uncertainty?
- If someone asked why you trust in God, what would you say? How do you know He is in control?

NEXT STEPS

Make a list of what you do control and what you don’t. For the things you control, list a positive step you can take in that area. For the things you don’t control, commit to praying about them this week.